


River Falls Nutrition Program February 2018 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested Donation for: Congregate Dining: \$5.00 per meal Home-delivered Meals: \$6.50 per meal Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>			1 BBQ Ribs Au Gratin Potatoes Capri Blend Veggies Chef's Choice Fruit Garlic Bread Dessert	2 Crispy Fish Baked Potato Island Blend Veggies Chef's Choice Fruit Dinner Roll Dessert 
5 Pulled Pork Shepherd's Pie 5 Way Blend Veggies Chef's Choice Fruit Bread Stick Dessert	6 Chicken Kiev Au Gratin Potatoes Island Blend Veggies Chef's Choice Fruit Breadstick Dessert	7 Pot Roast Mashed Potatoes w/ gravy Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	8 Lasagna Squash Chef's Choice Fruit Garlic Bread Dessert	9 Lemon Baked Cod Au Gratin Potatoes Green Beans Chef's Choice Fruit Bread Slice Dessert
12 Beef Chow Mein Fried Rice Stir Fry Veggies Egg Roll Chef's Choice Fruit Dessert	13 Spinach Artichoke Chkn Au Gratin Potatoes Island Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	14 Home Style Meatloaf Mashed Potatoes w/ gravy Corn Chef's Choice Fruit Dinner Roll Dessert	15 Cheeseburger Casserole 5 Way Blend Veggies Chef's Choice Fruit Bread Stick Dessert	16 Potato Crunch Pollock Baked Potato Country Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert
19 CLOSED for Martin Luther King, Jr. Day	20 Oven Fried Chicken Mashed Potatoes w/ gravy Island Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	21 Smothered Steak Mashed Potatoes & Gravy Country Blend Veggies Chef's Dessert Dinner Roll Dessert	22 Ham & Chs Egg Bake Bacon Biscuits & Gravy Tater Gems Chef's Choice Fruit Dessert	23 Shrimp Scampi Asparagus Chef's Choice Fruit Breadstick Dessert
26 Country Fried Steak Mashed Potatoes w/gravy Carrots Chef's Choice Fruit Garlic Biscuit Dessert	27 Chkn Broccoli Casserole 5 Way Blend Veggies Chef's Choice Fruit Bread Stick Dessert	28 Salisbury Steak Mashed Potatoes w/ gravy Peas Chef's Choice Fruit Dinner Roll Dessert	